Setting the Scene

The Total Fertility Rate in Mozambique (i.e. the average number of children a woman is estimated to give birth to during her lifetime) remains high compared to others within the ESA region at a rate of 5.2.

In Nampula, 51.7% of girls will give birth before the age of 18.

Mozambique has one of the 20 highest maternal mortality rates worldwide, impacting 1 in 41 Mozambican women.

The demand for modern contraception methods has increased to 59% of women of reproductive age (15-49), but the unmet needs remain high at 23%.

Sources: UNFPA Mozambique CPD; 2017 Census; UNICEF Mozambique et al, 2015

Project Achievements
From April to September 2022

16 health professionals in Nampula province were trained on the use of self-injectable contraceptives (DMPA-SC/Sayana® Press). 40 more health providers in Nampula will be trained in Quarter 4 of 2022.

35 health professionals were trained in family planning service provision to ensure the integration of such services at all entry points of health care in Nampula Province.

3 monitoring visits took place in Zambézia and Nampula provinces to review the availability of reproductive health and family planning commodities and to track the internal control system for the management of contraceptives and reproductive health medicines from the provincial level to the service delivery point.

3,450 adolescents and youth were reached through integrated and youth friendly SRH services at secondary schools in Zambézia, increasing their access to SRH information and modern contraception methods, among other essential resources.

Sources: UNFPA Mozambique CPD; 2017 Census; UNICEF Mozambique et al, 2015
PROJECT INFORMATION
This project, funded by the United Kingdom, is working at the policy level to create an enabling environment to increase and sustain financing for family planning and to strengthen the supply chain and logistics management of contraceptives at the same time that it ensures contraceptive availability.

LOCATIONS
Zambézia Province
Nampula Province

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Project Achievements Continued

24 community dialogue sessions reached some 720 people in Zambézia, increasing their knowledge and understanding on family planning, teenage pregnancy, child marriage and other harmful practices.

37 health facilities in Zambézia are now equipped to provide new mothers with intrauterine devices (IUDs), thereby increasing timely access to reliable long-acting reversible contraception methods.